

Newsletter

Wilber's Northside Market

Issue Number 13

Date: September 2, 2008



What's in the Box

Potatoes...one quart
Onions....2 pounds
Hot Peppers....6
Cherry/Jalepeno
Banana Peppers...4
Bell Peppers.... 2
Tomatoes.....2 pounds
Cantaloupe....1
Sweet Corn....1 dozen

We will definitely have red onions in the shares this week. I guess I just never got them picked because they were a little slower at getting big compared to the others.

The warmer weather has helped ripen a lot of stuff....we'll have sweet corn and a lot of melons are ripening now. It sounds like it's going to get cold again though with a high in the 70's tomorrow.

If you go to Pufferbilly Days out at the fairgrounds on Friday night we will be there. We are doing the Farmers Market from 3-6 just south of the Community Bldg. Hopefully it doesn't rain.

Jalapeño Corn Bread

1 C blue corn meal
4 T finely chopped jalapeño, seeds removed
1 C flour
2 cloves garlic, finely chopped
2 tsp. sugar
1 C onion, finely chopped
1 tsp. baking powder
2 eggs, beaten
1 tsp. baking soda
1 C grated cheddar cheese
1 tsp. salt
3 T oil
1 ½ C buttermilk

Combine all dry ingredients in a large bowl. Heat the buttermilk with the peppers, garlic and onions just until small bubbles form around the edges; remove from heat and let cool. Combine eggs, cheese, buttermilk and oil and blend well. Add the liquid ingredients to the dry ingredients and stir until smooth. Pour into a greased 9-inch square pan and bake in a 425F oven for 40-50 minutes.

Note: Yellow corn meal can be used, as can milder peppers.

Guacamole

1 avocado, ripe, peeled and mashed
1 small tomato, peeled and chopped
1 small onion, minced
Lemon juice, salt and pepper to taste
1 jalapeño, seeds removed and chopped finely

What's going on at the farm.

Well we've had the weather turn our lives upside down again....no we did NOT get flooded. The last storm we had was a terrible electric storm and there was all sorts of lightening out here. We lost our phones, our internet, and our satellite dish just to name a few. It was hard to live without e-mail and an answering machine for awhile. We found an old phone and an old answering machine so we can get messages now but we can't stand being stuck to the phone while we are talking(it's not wireless). Luckily our webmaster Marty is back in town and he's gotten everything up and running again on the internet. It's been a busy weekend picking for ISU, HY-VEE, and our market here at home. Jade turned 9 so we also had 2 birthday parties!

Eggs

Be sure to ask for eggs if you want to buy some. Since we keep them in the frig I forget that we have them! ☺